Docket No.: 12079-0002

DECLARATION AND POWER OF ATTORNEY

As a below named inventor, I declare that:

Post Office Address: 108 West Preston Street, Lexington VA 24450

My residence, post office address, and citizenship are as stated below next to my name. I believe that I am the original, first and sole inventor (if only one name is listed below) or an original, first, and joint inventor (if plural names are listed below) of the subject matter that is claimed and for which a patent is sought on the invention entitled

EXERCISE GEL BALL AND METHOD OF USE

★ the specification of which is atta ★ was filed on amended on		t application Serial No.	, and (if applicable) was
hereby state that I have reviewed and under	erstand the contents of the above identified s	pecification, including the claims, as amended	by any amendment referred to above.
acknowledge the duty to disclose information	on of which I am aware and which is materia	I to the examination of the patent application in	accordance with 37 CFR §1.56.
application which designates at least one co	ountry other than the United States, listed be	y foreign application(s) for patent or inventor clow and have also identified below, by check e application on which priority is not claimed.	's certificate, or §365(a) of any PCT International ing the space, any foreign application for patent or
Prior Foreign Application(s)			
Number	Country	Day/Month/Year Filed	Priority Not Claimed
hereby claim the benefit under 35 U.S.C. §	119(e) of any United States provisional appli-	cation(s) listed below.	
Applic	ation Serial Number	Filing Date	
	60/458,041	March 28, 200	03
nsofar as the subject matter of each of the paragraph of 35 U.S.C. §112, I acknowled	e claims of this application is not disclosed	in the prior United States or PCT Internation on me which is material to the patentability as	n designating the United States, listed below and, nal application in the manner provided by the first defined in 37 CFR §1.56 which became available
Application Serial Number	Filing Date	Status (patented, pending, abandoned)	
with full power of substitution to prosecute Send Correspondence to: CLARK & BRI	the subject application and to transact all DDY, 1750 K Street, NW, Suite 600, Was	business in the Patent and Trademark Office shington, DC 20006; Telephone: 202-83;	5-1111; Facsimile: 202-835-1755.
vere made with the knowledge that willful fals	en of my own knowledge are true and that all e statements and the like so made are punish e the validity of the application or any patent is	able by fine or imprisonment, or both, under Se	pelieved to be true; and further that these statements ction 1001 of Title 18 of the United States Code and
Full name of sole or first inventor: Peter	Sils		
nventor's signature:	- 2//		12.04
Residence: Lexir	ngton, Virginia		
Citizenship: US			